

WAYNESBORO AREA SCHOOL DISTRICT  
**St Andrew School Menu**  
 March 2023



Please visit [www.schoolcafe.com](http://www.schoolcafe.com) to apply for Free/Reduced Meals!

Monday, 2/27	Tuesday, 2/28	Wednesday, 3/1	Thursday, 3/2	Friday, 3/3
<b>Today's Lunch Choices</b> (A) Max Sticks w/ Dipping Sauce 40g  (B) Turkey & Cheese on Croissant Roll 27g  <b>Vegetable &amp; Fruit Choices</b> Caesar Salad 9g Cheery Cherry Tomatoes 6g Chilled Mandarin Oranges 17g	<b>Today's Lunch Choices</b> (A) Toasted Cheese 36g  (B) Peanut Butter & Grape Jelly Uncrustable 32g  <b>Vegetable &amp; Fruit Choices</b> Tomato Soup 20g Fresh Baby Carrots 8g Chilled Applesauce 14g Dessert: Goldfish Cheese Crackers 14g	<b>Today's Lunch Choices</b> (A) Walking Taco 34g  (B) Corn Dog 33g  <b>Vegetable &amp; Fruit Choices</b> Steamed Corn 22g Refried Beans 24g Chilled Pineapple Tidbits 22g	<b>Today's Lunch Choices</b> (A) Popcorn Chicken w/ Dinner Roll 31g (B) Pork Patty w/ Dinner Roll 33g  <b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 21g Steamed Garden Peas 11g Strawberry Cup 21g	<b>Today's Lunch Choices</b> (A) Personal Pan Pizza 43g  (B) Fish Fillet on Roll 45g  <b>Vegetable &amp; Fruit Choices</b> Potato Smiles 20g Crunchy Celery Dippers 4g Fresh Orange Wedges 19g

Monday, 3/6	Tuesday, 3/7	Wednesday, 3/8	Thursday, 3/9	Friday, 3/10
<b>Today's Lunch Choices</b> (A) Chicken & Waffles 59g (Breaded Chicken Strips w/ Waffle & Syrup) (B) Ham & Cheese on Roll 31g  <b>Vegetable &amp; Fruit Choices</b> Baked Beans 29g Celery Sticks 4g Chilled Diced Pears 22g	<b>Today's Lunch Choices</b> (A) Turkey & Cheese Hoagie 42g (B) Snack Pack Muffin Lunch 27g  <b>Vegetable &amp; Fruit Choices</b> Vegetable Soup 29g Crunchy Cucumber Wheels 2g Wild Cherry Icee 19g Dessert: Cookie 27g	<b>Today's Lunch Choices</b> (A) Lasagna w/ Garlic Breadstick 49g (B) Rib B Q on Roll 37g  <b>Vegetable &amp; Fruit Choices</b> Tossed Garden Salad 4g Cheery Cherry Tomatoes 6g Chilled Peaches 17g	<b>Today's Lunch Choices</b> (A) Chicken Nuggets w/Dinner Roll 30g (B) Hamburger Steak w/ Dinner Roll 20g  <b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 21g Glazed Carrots 16g Chilled Mandarin Oranges 17g	<b>Today's Lunch Choices</b> (A) Stuffed Crust Pizza 35g (B) Fish Sticks w/Roll 39g  <b>Vegetable &amp; Fruit Choices</b> Crispy Oven Fries 22g Broccoli Trees 8g Chilled Pineapple 22g


Menus reflect grams (g) for carbohydrates only.


**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**


**What Makes a Lunch?**

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable MUST accompany a reimbursable meal.



Monday, 3/13	Tuesday, 3/14	Wednesday, 3/15	Thursday, 3/16	Friday, 3/17
<p><b>Today's Lunch Choice</b> (A) Nacho Nuevos 48g  (B) Corn Dog 33g</p> <p><b>Vegetable &amp; Fruit Choices</b> Steamed Golden Corn 22g Refried Beans 24g Cinnamon Applesauce 14g</p>	<p><b>Today's Lunch Choices</b> (A) Pancakes w/ Sausage 32g  (B) Turkey &amp; Cheese on a Roll 30g</p> <p><b>Vegetable &amp; Fruit Choices</b> Crunchy Tater Tots 19g Celery Dippers 4g Strawberry Cup 21g</p>	<p><b>Today's Lunch Choices</b> (A) Cheeseburger on Roll 32g  (B) Pizza Snack Pack Lunch 40g</p> <p><b>Vegetable &amp; Fruit Choices</b> Baked Beans 29g Fresh Baby Carrots 8g Chilled Pineapple 22g</p>	<p><b>Today's Lunch Choices</b> (A) Chicken Strips w/Dinner Roll 32g  (B) Pork Patty w/Dinner Roll 33g</p> <p><b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 21g Steamed Green Beans 5g Chilled Peaches 17g</p>	<p><b>Today's Lunch Choices</b> (A) French Bread Pizza 24g  (B) Tuna Salad on Roll 37g</p>  <p><b>Vegetable &amp; Fruit Choices</b> Potato Smiles 20g Broccoli Trees 8g Lime Gelatin w/Pears 45g</p>

Monday, 3/20	Tuesday, 3/21	Wednesday, 3/22	Thursday, 3/23	Friday, 3/24
<p><b>Today's Lunch Choices</b> (A) Chicken Pattie on Roll 45g  (B) Ham &amp; Cheese Wrap 34g</p> <p><b>Vegetable &amp; Fruit Choices</b> Baked Beans 29g Fresh Baby Carrots 8g Chilled Diced Pears 22g Dessert: Chocolate Pudding 24g</p>	<p><b>Today's Lunch Choices</b> (A) Hot Dog on Roll 29g  (B) Snack Pack Muffin 27g</p> <p><b>Vegetable &amp; Fruit Choices</b> Crunchy Celery Dippers 4g Steamed Garden Peas 11g Wild Cherry Icee 19g</p>	<p><b>Today's Lunch Choices</b> (A) Spaghetti w/ Meat Sauce &amp; Breadstick 70g  (B) Fish Fillet on Roll 41g</p> <p><b>Vegetable &amp; Fruit Choices</b> Romaine Salad 2g Plump Grape Tomatoes 6g Chilled Applesauce 14g</p>	<p><b>Today's Lunch Choices</b> (A) Chicken Fries w/Dinner Roll 30g  (B) Hamburger Steak w/Roll 20g</p> <p><b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 21g Steamed Cheesy Broccoli 8g Chilled Mandarin Oranges 17g</p>	<p><b>NO SCHOOL FOR WAYNESBORO AREA SCHOOL DISTRICT</b></p> 

Monday, 3/27	Tuesday, 3/28	Wednesday, 3/29	Thursday, 3/30	Friday, 3/31
<p><b>NO SCHOOL FOR SAINT ANDREW CATHOLIC SCHOOL</b></p> 	<p><b>Today's Lunch Choices</b> (A) Toasted Cheese 36g  (B) Peanut Butter &amp; Grape Jelly Uncrustable 32g</p> <p><b>Vegetable &amp; Fruit Choices</b> Tomato Soup 20g Fresh Baby Carrots 8g Chilled Applesauce 14g Dessert: Goldfish Cheese Crackers 14g</p>	<p><b>Today's Lunch Choices</b> (A) Walking Taco 34g  (B) Corn Dog 33g</p> <p><b>Vegetable &amp; Fruit Choices</b> Steamed Corn 22g Refried Beans 24g Chilled Pineapple Tidbits 22g</p>	<p><b>Holiday Meal</b> Roast Turkey w/Filling 90g</p> <p><b>Vegetable &amp; Fruit Choices</b> Mashed Potatoes 21g Steamed Golden Corn 22g Cranberry Relish 35g Dessert: Cookie 27g</p>	<p><b>Today's Lunch Choices</b> (A) Personal Pan Pizza 43g  (B) Chicken BLT Salad 21g (Romaine Lettuce, Diced Chicken, Bacon Crumbles &amp; Mozzarella Cheese) w/Cheez-It Crackers &amp; Croutons</p> <p><b>Vegetable &amp; Fruit Choices</b> Potato Smiles 20g Crunchy Celery Dippers 4g Fresh Orange Wedges 19g</p>