



WAYNESBORO AREA SCHOOL DISTRICT  
**Saint Andrew School Menu**  
 September 2024



Monday, 9/2	Tuesday, 9/3	Wednesday, 9/4	Thursday, 9/5	Friday, 9/6
	<u>Today's Lunch Choices</u> (A) Toasted Cheese 33g  (B) Peanut Butter & Grape Jelly Uncrustable 32g  <u>Vegetable &amp; Fruit Choices</u> Tomato Soup 24g Fresh Baby Carrots 7g Chilled Applesauce 14g	<u>Today's Lunch Choices</u> A) Soft Shell Taco w/fixings 37g  (B) Fiestada Pizza 43g  <u>Vegetable &amp; Fruit Choices</u> Steamed Corn 16g Refried Beans 28g Chilled Pineapple Tidbits 22g	<u>Today's Lunch Choices</u> (A) Chicken Nuggets w/Dinner Roll 28g  (B) Pork Patty w/Dinner Roll 32g  <u>Vegetable &amp; Fruit Choices</u> Mashed Potatoes 14g Steamed Garden Peas 11g Diced Peaches 15g	<u>Today's Lunch Choices</u> (A) 4x6 Pizza 35g  (B) Hot Dog on Roll 29g  <u>Vegetable &amp; Fruit Choices</u> Potato Smiles 20g Crunchy Celery Dippers 2g Fresh Orange Wedges 22g

Monday, 9/9	Tuesday, 9/10	Wednesday, 9/11	Thursday, 9/12	Friday, 9/13
<u>Today's Lunch Choices</u> (A) Max Sticks w/Dipping Sauce 39g  (B) Pizza Snack Pack Lunch 37g  <u>Vegetable &amp; Fruit Choices</u> Baked Beans 29g Fresh Baby Carrots 7g Chilled Mandarin Oranges 17g	<u>Today's Lunch Choices</u> (A) Ham & Cheese Wrap 32g  (B) Turkey & Cheese Wrap 33g  <u>Vegetable &amp; Fruit Choices</u> Vegetable Soup 21g Celery Sticks 2g Chilled Diced Pears 16g Lays Original Chips 15g	<u>Today's Lunch Choices</u> (A) Spaghetti w/Meat Sauce & Garlic Breadstick 70g  (B) Grilled Chicken on Roll 30g  <u>Vegetable &amp; Fruit Choices</u> Caesar Salad 12g Cherry Tomatoes 3g Chilled Diced Peaches 15g	<u>Today's Lunch Choices</u> (A) Stuffed Crust Pizza 30g  (B) Chicken BLT Salad 28g (Romaine Lettuce, Diced Chicken, Bacon Crumbles & Mozzarella Cheese) w/Cheez-It Crackers & Croutons  <u>Vegetable &amp; Fruit Choices</u> Crispy Crinkle Cut Fries 12g Broccoli Trees 3g Chilled Pineapple 22g	<u>Today's Lunch Choices</u> (A) Popcorn Chicken w/Dinner Roll 35g  (B) Hamburger Steak w/Dinner Roll 20g  <u>Vegetable &amp; Fruit Choices</u> Mashed Potatoes 14g Glazed Carrots 8g Chilled Applesauce 14g

Menus reflect grams (g) for carbohydrates only.

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**What Makes a Lunch?**

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable MUST accompany a reimbursable meal.

Monday, 9/16	Tuesday, 9/17	Wednesday, 9/18	Thursday, 9/19	Friday, 9/20
<p><b>Today's Lunch Choice</b></p> <p>(A) Nacho Nuevos 35g</p> <p>(B) Corn Dog 30g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) French Toast Sticks w/Sausage 40g</p> <p>(B) Hot Ham &amp; Cheese on Croissant Roll 30g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Shrimp Poppers w/Mac and Cheese 40g</p> <p>(B) Turkey &amp; Cheese on Roll 30g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Chicken Strips w/Dinner Roll 28g</p> <p>(B) Pork Patty w/Dinner Roll 32g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Round Pizza 31g</p> <p>(B) Pizza Snack Pack Lunch 37g</p>
<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Steamed Golden Corn 16g</p> <p>Refried Beans 28g</p> <p>Cinnamon Applesauce 14g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Crunchy Tater Tots 14g</p> <p>Celery Dippers 2g</p> <p>Chilled Mandarin Oranges 17g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Tossed Garden Salad 2g</p> <p>Cheery Cherry Tomatoes 3g</p> <p>Chilled Pineapple 22g</p> <p><b>Dessert:</b> Chocolate Chip Cookie 28g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Mashed Potatoes 14g</p> <p>Broccoli w/Cheese 24g</p> <p>Chilled Diced Peaches 15g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Potato Smiles 20g</p> <p>Baby Carrots 7g</p> <p>Banana 28g</p>

Monday, 9/23	Tuesday, 9/24	Wednesday, 9/25	Thursday, 9/26	Friday, 9/27
<p><b>Today's Lunch Choices</b></p> <p>(A) Chicken Nuggets w/Goldfish Crackers 27g</p> <p>(B) Sloppy Joe on Roll 7g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Cheeseburger on Roll 32g</p> <p>(B) Snack Pack Muffin Lunch 74g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Chicken Alfredo w/Garlic Breadstick 39g</p> <p>(B) Rib B Que on Roll 41g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Chicken Fries w/Dinner Roll 31g</p> <p>(B) Hamburger Steak w/Dinner Roll 20g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Mickey's Pizza 28g</p> <p>(B) Popcorn Chicken Salad 41g w/Dinner Roll (Lettuce, tomatoes, cucumbers, cheddar cheese topped w/Popcorn Chicken)</p>
<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Baked Beans 29g</p> <p>Fresh Baby Carrots 7g</p> <p>Diced Peaches 15g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Steamed Garden Peas 11g</p> <p>Crunchy Celery Dippers 2g</p> <p>Wild Cherry Icee 19g</p> <p>Chocolate Pudding 24g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Steamed Broccoli 5g</p> <p>Cucumber Wheels 2g</p> <p>Chilled Applesauce 14g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Mashed Potatoes 14g</p> <p>Green Beans 4g</p> <p>Chilled Mandarin Oranges 17g</p>	<p><b>Vegetable &amp; Fruit Choices</b></p> <p>Crispy Oven Fries 17g</p> <p>Broccoli Trees 3g</p> <p>Chilled Pineapple 22g</p>

Breakfast Fruit Selection may include 100% Fruit Juice or Fresh Fruit Daily!

**Menus are subject to change due to the availability of food items!**

