

WAYNESBORO AREA SCHOOL DISTRICT St Andrew School Menu March 2024



Monday,	Tuesday,	Wednesday,	Thursday,	Friday, 3/1
			\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\	Today's Lunch Choices (A) 4x6 Pizza 35g (B) Fish Sticks w/Dinner Roll 35g Vegetable & Fruit Choices Potato Smiles 18g Crunchy Celery Dippers 4g Fresh Orange Wedges 22g Dessert: Chocolate Pudding 24g

Monday, 3/4	Tuesday, 3/5	Wednesday, 3/6	Thursday, 3/7	Friday, 3/8
Today's Lunch Choices (A) Max Sticks wl Dipping Sauce 39g (B) Turkey & Cheese on Croissant Roll 30g	Today's Lunch Choices (A)Chicken & Waffles 63g (B) Ham & Cheese on Roll 30g	Today's Lunch Choices (A) Baked Rotini w/Garlic Bread Stick 66g (B) Rib B Q on Roll 37g	Today's Lunch Choices (A) Chicken Nuggets w/Dinner Roll 28g (B) Hamburger Steak wl Dinner Roll 20g	Today's Lunch Choices (A) Stuffed Crust Pizza 29g (B) Fish &Cheese Sandwich 45g
Vegetable & Fruit Choices Caesar Salad 20g Cheery Cherry Tomatoes 6g Chilled Mandarin Oranges 23g Dessert: Lays Original Chips 15g	Vegetable & Fruit Choices Baked Beans 30g Celery Sticks 4g Chilled Diced Pears 15g	Vegetable & Fruit Choices Tossed Garden Salad 1g Cheery Cherry Tomatoes 6g Chilled Diced Peaches 20g	Vegetable & Fruit Choices Mashed Potatoes 24g Glazed Carrots 8g Chilled Applesauce 15g	Vegetable & Fruit Choices Crispy Crinkle Cut Fries 12g Broccoli Trees 1g Chilled Pineapple 22g

Menus reflect grams (g) for carbohydrates only.

THIS INSTITIUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Breakfast Fruit Selection may include 100% Fruit Juice or Fresh Fruit Daily!

What Makes a Lunch?

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable MUST accompany a reimbursable meal.



Monday, 3/11	Tuesday, 3/12	Wednesday, 3/13	Thursday, 3/14	Friday, 3/15
Today's Lunch Choice	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices
(A) Nacho Nuevo's 53g (B) Com Dog 30g	(A) Pancakes w/Sausage 32g (B) Hot Ham & Cheese on	(A) Cheeseburger on Roll 32g (B) Snack Pack Muffin Lunch 73g	(A) Chicken Strips w/Dinner Roll 29g (B) Pork Patty w/Dinner Roll	(A) French Bread Pizza 32g (B) Hot Dog on Bun 29g
Vegetable & Fruit Choices	Croissant Roll 30g Vegetable & Fruit Choices	Vegetable & Fruit Choices	32g Vegetable & Fruit Choices	Vegetable & Fruit Choices
Steamed Golden Com 22g Refried Beans 24g Cinnamon Applesauce 14g	Crunchy Tater Tots 14g Celery Dippers 4g Chilled Mandarin Oranges 23g	Tossed Garden Salad 1g Cheery Cherry Tomatoes 6g Chilled Pineapple 22g <u>Dessert:</u> Chocolate Chip Cookie 27g	Mashed Potatoes 24g Steamed Green Beans 4g Chilled Diced Peaches 20g	Potato Smiles 18g Broccoli Trees 2g Banana 28g

Monday, 3/18	Tuesday, 3/19	Wednesday, 3/20	Thursday, 3/21	Friday, 3/22
Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices	Holiday Meal	Today's Lunch Choices
(A) Chicken Pattie on Roll 42g (B) Snack Pack Muffin Lunch 73g	Taco Tuesday (A) Soft Shell Beef Taco w/Cheese 29g (Fixings avail.) (B) Rib B Q on Roll 37g	(A) Spaghetti w/ Meat Sauce & Breadstick 71g (B) Grilled Chicken on Roll 30g	Roast Turkey and Filling 90g	(A) Mickey's Pizza 28g (B) Fish Nuggets w/Roll 36g
Vegetable & Fruit Choices Baked Beans 30g Fresh Baby Carrots 7g Chilled Diced Pears 15g	Vegetable & Fruit Choices Crunchy Celery Dippers 4g Steamed Garden Peas 11g Wild Cherry Icee 19g	Vegetable & Fruit Choices Romaine Salad 2g Plump Grape Tomatoes 6g Chilled Applesauce 15g	Vegetable & Fruit Choices Mashed Potatoes 21g Steamed Golden Corn 22g Cranberry Relish 35g Dessert: Chocolate Chip Cookie 27g	Vegetable & Fruit Choices Crispy Oven Fries 17g Crunchy Cucumber Wheels 2g Banana 28g

Monday, 3/25	Tuesday, 3/26	Wednesday, 3/27	Thursday, 3/28	Friday, 3/29
			NO SCHOOL TODAY!	NO SCHOOL TODAY!
Today's Lunch Choices	Today's Lunch Choices	Today's Lunch Choices		
(A) Chicken Nuggets w/Goldfish Crackers 27g	(A) Toasted Cheese 34g	A) Walking Taco 35g		
(B) Snack Pack Muffin Lunch 73a	(B) Peanut Butter & Grape Jelly Uncrustable 32g	(B) Fiestada Pizza 43g	NO Est 1	Sehool 1
Vegetable & Fruit Choices	Vegetable & Fruit Choices	Vegetable & Fruit Choices	- CHOO!	CILOG
Baked Beans 30g Crunchy Cucumber Wheels 2g Fresh Apple Slices 7g	Tomato Soup 18g Fresh Baby Carrots 7g Chilled Applesauce 15g	Steamed Corn 16g Refried Beans 28g Chilled Pineapple Tidbits 22g		