


WAYNESBORO AREA SCHOOL DISTRICT
St Andrew Elementary School Menu
 January 2022



Monday, 1/3	Tuesday, 1/4	Wednesday, 1/5	Thursday, 1/6	Friday, 1/7
<p>Today's Lunch Choices A) Walking Taco 34g (B) Hot Dog on Roll 29g</p> <p>Vegetable & Fruit Choices Steamed Corn 22g Refried Beans 24g Chilled Pineapple Tidbits 22g</p>	<p>Today's Lunch Choices A) Toasted Cheese 36g (B) Peanut Butter & Grape Jelly Uncrustable 32g</p> <p>Vegetable & Fruit Choices Tomato Soup 20g Fresh Baby Carrots 8g Chilled Applesauce 14g Dessert: Cookie 27g</p>	<p>Today's Lunch Choices (A) Max Sticks w/ Dipping Sauce 40g (B) Pizza Snack Pack Lunch (Flat Bread, Mozzarella Cheese, Marinara Sauce & Pepperoni) 40g</p> <p>Vegetable & Fruit Choices Caesar Salad 9g Cheery Cherry Tomatoes 6g Chilled Mandarin Oranges 17g</p>	<p>Today's Lunch Choices (A) Popcorn Chicken w/ Dinner Roll 31g (B) Breaded Hamburger Steak w/ Dinner Roll 33g</p> <p>Vegetable & Fruit Choices Mashed Potatoes 21g Steamed Garden Peas 11g Strawberry Cup 21g</p>	<p>Today's Lunch Choices (A) Personal Pan Pizza 43g (B) Chicken BLT Salad 24g (Romaine Lettuce, Diced Chicken, Bacon Crumbles & Mozzarella Cheese)</p> <p>Vegetable & Fruit Choices Potato Smiles 20g Crunchy Celery Dippers 4g Fresh Orange Wedges 19g</p>


Monday, 1/10	Tuesday, 1/11	Wednesday, 1/12	Thursday, 1/13	Friday, 1/14
<p>Today's Lunch Choices (A) Chicken Nuggets w/ Dinner Roll 30g (B) Ham & Cheese on Roll 31g</p> <p>Vegetable & Fruit Choices Baked Beans 29g Celery Sticks 4g Chilled Diced Pears 22g Dessert: Chocolate Pudding 24g</p>	<p>Today's Lunch Choices (A) Turkey & Cheese Hoagie (B) Snack Pack Muffin Lunch 27g</p> <p>Vegetable & Fruit Choices Vegetable Soup 29g Crunchy Cucumber Wheels 2g Frozen Fruit Icee 19g</p>	<p>Today's Lunch Choices (A) Lasagna w/ Garlic Breadstick 49g (B) Rib B Q on Roll 37g</p> <p>Vegetable & Fruit Choices Tossed Garden Salad 4g Cheery Cherry Tomatoes 6g Chilled Peaches 17g</p>	<p>Today's Lunch Choices (A) Chicken Strips w/ Dinner Roll 32g (B) Hamburger Steak w/ Dinner Roll 20g</p> <p>Vegetable & Fruit Choices Mashed Potatoes 21g Glazed Carrots 16g Chilled Mandarin Oranges 17g</p>	<p>NO SCHOOL TODAY!</p> 

Menus reflect grams (g) for carbohydrates only.
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

What Makes a Lunch?

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable **MUST** accompany a reimbursable meal.



Monday, 1/17	Tuesday, 1/18	Wednesday, 1/19	Thursday, 1/20	Friday, 1/21
<p>NO SCHOOL TODAY!</p> 	<p>Today's Lunch Choices (A) French Toast w/Sausage 45g (B) Turkey & Cheese on a Roll 30g</p> <p>Vegetable & Fruit Choices Crunchy Tater Tots 19g Crunchy Celery Dippers 4g Chilled Mandarin Oranges 17g</p>	<p>Today's Lunch Choices (A) Cheeseburger on Roll 32g (B) Snack Pack Muffin Lunch 27g</p> <p>Vegetable & Fruit Choices Baked Beans 29g Fresh Baby Carrots 8g Chilled Pineapple 22g</p>	<p>Today's Lunch Choices (A) Chicken Nuggets w/Dinner Roll 25g (B) Pork Patty w/Dinner Roll 33g</p> <p>Vegetable & Fruit Choices Mashed Potatoes 21g Steamed Green Beans 5g Chilled Peaches 17g</p>	<p>Today's Lunch Choices (A) French Bread Pizza 24g (B) Chef Salad 36g</p> <p>Vegetable & Fruit Choices Potato Smiles 20g Broccoli Trees 8g Chilled Pears 22g</p>

Milk Choice include Fat Free White 13g, 1% White 13g, and Fat Free Chocolate 29g.

Breakfast Fruit Selection may include 100% Fruit Juice or Fresh Fruit Daily!

Monday, 1/24	Tuesday, 1/25	Wednesday, 1/26	Thursday, 1/27	Friday, 1/28
<p>Today's Lunch Choices (A) Chicken Pattie on Roll 45g (B) Ham & Cheese Wrap 34g</p> <p>Vegetable & Fruit Choices Baked Beans 29g Fresh Baby Carrots 8g Chilled Diced Pears 22g DESSERT: Cookie 27g</p>	<p>Today's Lunch Choices (A) Fish Nuggets w/Dinner Roll 36g (B) Snack Pack Muffin 27g</p> <p>Vegetable & Fruit Choices Macaroni & Cheese 46g Crunchy Celery Dippers 4g Steamed Garden Peas 11g Frozen Fruit Icee 19g</p>	<p>Today's Lunch Choices (A) Spaghetti w/ Meat Sauce & Breadstick 70g (B) Grilled Chicken Sandwich 30g</p> <p>Vegetable & Fruit Choices Romaine Salad 2g Plump Grape Tomatoes 6g Chilled Applesauce 14g</p>	<p>Today's Lunch Choices (A) Chicken Fries w/Dinner Roll 30g (B) Hamburger Steak w/Roll 20g</p> <p>Vegetable & Fruit Choices Mashed Potatoes 21g Steamed Cheesy Broccoli 8g Chilled Mandarin Oranges 17g</p>	<p>Today's Lunch Choices (A) Mickey's Pizza 29g (B) Cheese Steak on Roll</p> <p>Vegetable & Fruit Choices Crispy Oven Fries 22g Crunchy Cucumber Wheels 2g Chilled Peaches 17g</p>

Menus are subject to change due to the availability of food items!

