

WAYNESBORO AREA SCHOOL DISTRICT
St Andrew School Menu
December 2022



Please visit www.schoolcafe.com to apply for Free/Reduced Meals!

Monday, 11/28	Tuesday, 11/29	Wednesday, 11/30	Thursday, 12/1	Friday, 12/2
	<p>Today's Lunch Choices (A) Toasted Cheese 36g (B) Peanut Butter & Grape Jelly Uncrustable 32g</p>	<p>Today's Lunch Choices (A) Walking Taco 34g (B) Corn Dog 33g</p>	<p>Today's Lunch Choices (A) Popcorn Chicken w/ Dinner Roll 31g (B) Pork Patty w/ Dinner Roll 33g</p>	<p>Today's Lunch Choices (A) Personal Pan Pizza 43g (B) Chicken BLT Salad 21g (Romaine Lettuce, Diced Chicken, Bacon Crumbles & Mozzarella Cheese) w/Cheez-It Crackers & Croutons</p>
	<p>Vegetable & Fruit Choices Tomato Soup 20g Fresh Baby Carrots 8g Chilled Applesauce 14g Dessert: Goldfish Cheese Crackers 14g</p>	<p>Vegetable & Fruit Choices Steamed Corn 22g Refried Beans 24g Chilled Pineapple Tidbits 22g</p>	<p>Vegetable & Fruit Choices Mashed Potatoes 21g Steamed Garden Peas 11g Strawberry Cup 21g</p>	<p>Vegetable & Fruit Choices Potato Smiles 20g Crunchy Celery Dippers 4g Fresh Orange Wedges 19g</p>

Monday, 12/5	Tuesday, 12/6	Wednesday, 12/7	Thursday, 12/8	Friday, 12/9
<p>Today's Lunch Choices (A) Chicken & Waffles 59g (Breaded Chicken Strips w/Waffles & Syrup) (B) Ham & Cheese on Roll 31g</p>	<p>Today's Lunch Choices (A) Turkey & Cheese Hoagie 42g (B) Snack Pack Muffin Lunch 27g</p>	<p>Today's Lunch Choices (A) Lasagna w/ Garlic Breadstick 49g (B) Rib B Q on Roll 37g</p>	<p>Today's Lunch Choices (A) Chicken Nuggets w/Dinner Roll 30g (B) Hamburger Steak w/ Dinner Roll 20g</p>	<p>Today's Lunch Choices (A) Stuffed Crust Pizza 35g (B) Chicken Caesar Salad 32g w/Dinner Roll</p>
<p>Vegetable & Fruit Choices Baked Beans 29g Celery Sticks 4g Chilled Diced Pears 22g</p>	<p>Vegetable & Fruit Choices Vegetable Soup 29g Crunchy Cucumber Wheels 2g Wild Cherry Iced 19g Dessert: Cookie 27g</p>	<p>Vegetable & Fruit Choices Tossed Garden Salad 4g Cheery Cherry Tomatoes 6g Chilled Peaches 17g</p>	<p>Vegetable & Fruit Choices Mashed Potatoes 21g Glazed Carrots 16g Chilled Mandarin Oranges 17g</p>	<p>Vegetable & Fruit Choices Crispy Oven Fries 22g Broccoli Trees 8g Chilled Pineapple 22g</p>


Menus reflect grams (g) for carbohydrates only.


THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

What Makes a Lunch?

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable **MUST** accompany a reimbursable meal.



Monday, 12/12	Tuesday, 12/13	Wednesday, 12/14	Thursday, 12/15	Friday, 12/16
<p>Today's Lunch Choice</p> <p>(A) Nacho Nuevos 48g</p> <p>(B) Corn Dog 33g</p>	<p>Today's Lunch Choices</p> <p>(A) French Toast Sticks w/ Sausage 45g</p> <p>(B) Turkey & Cheese on a Roll 30g</p>	<p>Today's Lunch Choices</p> <p>(A) Cheeseburger on Roll 32g</p> <p>(B) Snack Pack Muffin Lunch 27g</p>	<p>Today's Lunch Choices</p> <p>(A) Roast Turkey and Filling 90g</p> 	<p>Today's Lunch Choices</p> <p>(A) French Bread Pizza 24g</p> <p>(B) Popcorn Chicken Salad 25g w/Dinner Roll (Lettuce, tomatoes, cucumbers, cheddar cheese topped w/Popcorn Chicken)</p>
<p>Vegetable & Fruit Choices</p> <p>Steamed Golden Corn 22g</p> <p>Refried Beans 24g</p> <p>Cinnamon Applesauce 14g</p>	<p>Vegetable & Fruit Choices</p> <p>Crunchy Tater Tots 19g</p> <p>Celery Dippers 4g</p> <p>Chilled Mandarin Oranges 17g</p>	<p>Vegetable & Fruit Choices</p> <p>Baked Beans 29g</p> <p>Fresh Baby Carrots 8g</p> <p>Chilled Pineapple 22g</p>	<p>Vegetable & Fruit Choices</p> <p>Mashed Potatoes 21g</p> <p>Steamed Green Beans 5g</p> <p>Cranberry Relish 35g</p> <p>Dessert: Cookie 27g</p>	<p>Vegetable & Fruit Choices</p> <p>Potato Smiles 20g</p> <p>Broccoli Trees 8g</p> <p>Chilled Pears 22g</p>

Monday, 12/19	Tuesday, 12/20	Wednesday, 12/21	Thursday, 12/22	Friday, 12/23
<p>Today's Lunch Choices</p> <p>(A) Chicken Pattie on Roll 45g</p> <p>(B) Ham & Cheese Wrap 34g</p>	<p>Today's Lunch Choices</p> <p>(A) Hot Dog on Roll 29g</p> <p>(B) Snack Pack Muffin 27g</p>	<p>Today's Lunch Choices</p> <p>(A) Spaghetti w/ Meat Sauce & Breadstick 70g</p> <p>(B) Grilled Chicken Sandwich 30g</p>	<p>Today's Lunch Choices</p> <p>(A) Mickey's Pizza 29g</p> <p>(B) Fish Sticks w/Dinner Roll 35g</p>	<p>NO SCHOOL TODAY!</p> 
<p>Vegetable & Fruit Choices</p> <p>Baked Beans 29g</p> <p>Fresh Baby Carrots 8g</p> <p>Chilled Diced Pears 22g</p> <p>Dessert: Chocolate Pudding 24g</p>	<p>Vegetable & Fruit Choices</p> <p>Crunchy Celery Dippers 4g</p> <p>Steamed Garden Peas 11g</p> <p>Wild Cherry Icee 19g</p>	<p>Vegetable & Fruit Choices</p> <p>Romaine Salad 2g</p> <p>Plump Grape Tomatoes 6g</p> <p>Chilled Applesauce 14g</p>	<p>Vegetable & Fruit Choices</p> <p>Crispy Oven Fries 22g</p> <p>Crunchy Cucumber Wheels 2g</p> <p>Frozen Peach Cup 21g</p>	

Monday, 12/26	Tuesday, 12/27	Wednesday, 12/28	Thursday, 12/29	Friday, 12/30
				