

**St Andrews Lunch Menu  
May 2022**



Monday, 5/2	Tuesday, 5/3	Wednesday, 5/4	Thursday, 5/5	Friday, 5/6
<p><b><u>Today's Lunch Choices</u></b>            (A) Chicken Nuggets w/ Dinner Roll 30g            (B) Ham &amp; Cheese on Roll 31g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Baked Beans 29g            Celery Sticks 4g            Chilled Diced Pears 22g            Dessert: Chocolate Pudding 24g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Turkey &amp; Cheese Hoagie 42g            (B) Snack Pack Muffin Lunch 27g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Vegetable Soup 29g            Crunchy Cucumber Wheels 2g            Frozen Fruit Icee 19g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Lasagna w/ Garlic Breadstick 49g            (B) Rib B Q on Roll 37g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Tossed Garden Salad 4g            Cheery Cherry Tomatoes 6g            Chilled Peaches 17g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Chicken Strips w/ Dinner Roll 32g            (B) Hamburger Steak w/ Dinner Roll 20g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Mashed Potatoes 21g            Glazed Carrots 16g            Chilled Mandarin Oranges 17g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Cheese Pizza 42g            (B) Fish Nuggets w/ Dinner Roll 36g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Crispy Baked Oven Fries 22g            Broccoli Trees 8g            Chilled Pineapple 22g</p>

**Menus reflect grams (g) for carbohydrates only.**

Monday, 5/9	Tuesday, 5/10	Wednesday, 5/11	Thursday, 5/12	Friday, 5/13
<p><b><u>Today's Lunch Choices</u></b>            (A) Nacho Nuevos 48g            (B) Hot Dog on Roll 29g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Steamed Golden Corn 22g            Refried Beans 24g            Chilled Applesauce 14g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) French Toast Sticks w/Sausage 45g            (B) Turkey &amp; Cheese on a Roll 30g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Crunchy Tater Tots 19g            Crunchy Celery Dippers 4g            Chilled Mandarin Oranges 17g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Cheeseburger on Roll 32g            (B) Snack Pack Muffin Lunch 27g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Baked Beans 29g            Fresh Baby Carrots 8g            Chilled Pineapple 22g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Chicken Nuggets w/Dinner Roll 25g            (B) Hamburger Steak w/Dinner Roll 20g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Mashed Potatoes 21g            Steamed Green Beans 5g            Peach Cup 21g</p>	<p><b><u>Today's Lunch Choices</u></b>            (A) Cheese Pizza 42g            (B) Chef Salad 36g</p> <p><b><u>Vegetable &amp; Fruit Choices</u></b>            Potato Smiles 20g            Broccoli Trees 8g            Mixed Berry Cup 20g</p>

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**


**What Makes a Lunch?**

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable **MUST** accompany a reimbursable meal.



Monday, 5/16	Tuesday, 5/17	Wednesday, 5/18	Thursday, 5/19	Friday, 5/20
<p><b>Today's Lunch Choices</b></p> <p>(A) Chicken Pattie on Roll 45g (B) Ham &amp; Cheese Wrap 34g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Macaroni &amp; Cheese 46g Steamed Garden Peas 11g Chilled Diced Pears 22g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Cheeseburger on Roll 32g (B) Hotdog on Roll 29g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Baked Beans 29g Fresh Baby Carrots 8g Fresh Apple Slices 7g Dessert: Cookie 27g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Spaghetti w/ Meat Sauce &amp; Breadstick 70g (B) Grilled Chicken on Roll 30g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Romaine Salad 2g Plump Grape Tomatoes 6g Chilled Applesauce 14g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Chicken Strips w/Dinner Roll 32g (B) Fish Fillet on Roll 45g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Mashed Potatoes 21g Steamed Cheesy Broccoli 8g Chilled Mandarin Oranges 17g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Cheese Pizza 42g (B) Cheese Steak on Roll 41g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Crispy Oven Fries 22g Crunchy Cucumber Wheels 2g Chilled Peaches 17g</p>

Monday, 5/23	Tuesday, 5/24	Wednesday, 5/25	Thursday, 5/26	Friday, 5/27
<p><b>Today's Lunch Choices</b></p> <p>A) Walking Taco 34g (B) Hot Dog on Roll 29g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Steamed Corn 22g Refried Beans 24g Chilled Pineapple Tidbits 22g</p>	<p><b>Today's Lunch Choices</b></p> <p>A) Toasted Cheese 36g (B) Peanut Butter &amp; Jelly Sandwich 32g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Tomato Soup 20g Fresh Baby Carrots 8g Chilled Applesauce 14g Dessert: Cookie 27g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Twisted Cheese Filled Breadstick w/Dipping Sauce 37g (B) Pizza Snack Pack Lunch (Flat Bread, Mozzarella Cheese, Marinara Sauce &amp; Pepperoni) 40g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Caesar Salad 9g Cheery Cherry Tomatoes 6g Chilled Mandarin Oranges 17g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Popcorn Chicken w/ Dinner Roll 31g (B) Breaded Hamburger Steak w/ Dinner Roll 33g</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Mashed Potatoes 21g Steamed Garden Peas 11g Strawberry Cup 21g</p>	<p><b>Today's Lunch Choices</b></p> <p>(A) Cheese Pizza 42g (B) Chicken BLT Salad 24g (Romaine Lettuce, Diced Chicken, Bacon Crumbles &amp; Mozzarella Cheese)</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>Potato Smiles 20g Crunchy Celery Dippers 4g Fresh Orange Wedges 19g</p>

Monday, 5/30	Tuesday, 5/31	Wednesday, 6/1	Thursday, 6/2	Friday, 6/3
NO SCHOOL TODAY!			ENJOY YOR SUMMER!	ENJOY YOUR SUMMER!
	<p><b>Today's Lunch Choices</b></p> <p>COOK'S CHOICE</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>COOK'S CHOICE</p>	<p><b>Today's Lunch Choices</b></p> <p>COOK'S CHOICE</p> <p><b>Vegetable &amp; Fruit Choices</b></p> <p>COOK'S CHOICE</p>	