

WAYNESBORO AREA SCHOOL DISTRICT  
**St Andrew School Menu**  
**February 2023**



Please visit [www.schoolcafe.com](http://www.schoolcafe.com) to apply for Free/Reduced Meals!

| Monday, 1/30   | Tuesday, 1/31  | Wednesday, 2/1   | Thursday, 2/2  | Friday, 2/3  |
|--|--|--|--|--|
| <p><b>Today's Lunch Choices</b><br/>           (A) Max Sticks w/ Dipping Sauce 40g<br/><br/>           (B) Turkey &amp; Cheese on Croissant Roll 27g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Caesar Salad 9g<br/>           Cheery Cherry Tomatoes 6g<br/>           Chilled Mandarin Oranges 17g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Toasted Cheese 36g<br/><br/>           (B) Peanut Butter &amp; Grape Jelly Uncrustable 32g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Tomato Soup 20g<br/>           Fresh Baby Carrots 8g<br/>           Chilled Applesauce 14g<br/>           Dessert: Goldfish Cheese Crackers 14g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Walking Taco 34g<br/><br/>           (B) Corn Dog 33g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Steamed Corn 22g<br/>           Refried Beans 24g<br/>           Chilled Pineapple Tidbits 22g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Popcorn Chicken w/ Dinner Roll 31g<br/>           (B) Pork Patty w/ Dinner Roll 33g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Mashed Potatoes 21g<br/>           Steamed Garden Peas 11g<br/>           Strawberry Cup 21g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Personal Pan Pizza 43g<br/><br/>           (B) Chicken BLT Salad 21g (Romaine Lettuce, Diced Chicken, Bacon Crumbles &amp; Mozzarella Cheese) w/Cheez-It Crackers &amp; Croutons</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Potato Smiles 20g<br/>           Crunchy Celery Dippers 4g<br/>           Fresh Orange Wedges 19g</p> |

| Monday, 2/6  | Tuesday, 2/7   | Wednesday, 2/8  | Thursday, 2/9   | Friday, 2/10   |
|--|--|---|---|--|
| <p><b>Today's Lunch Choices</b><br/> <span style="color: red; font-weight: bold;">NEW!</span> (A) Chicken &amp; Waffles (Breaded Chicken Strips w/Waffles &amp; Syrup) 59g<br/>           (B) Ham &amp; Cheese on Roll 31g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Baked Beans 29g<br/>           Celery Sticks 4g<br/>           Chilled Diced Pears 22g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Turkey &amp; Cheese Hoagie 42g<br/><br/>           (B) Snack Pack Muffin Lunch 27g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Vegetable Soup 29g<br/>           Crunchy Cucumber Wheels 2g<br/>           Wild Cherry Icee 19g<br/>           Dessert: Cookie 27g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Lasagna w/ Garlic Breadstick 49g<br/><br/>           (B) Rib B Q on Roll 37g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Tossed Garden Salad 4g<br/>           Cheery Cherry Tomatoes 6g<br/>           Chilled Peaches 17g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Chicken Nuggets w/Dinner Roll 30g<br/>           (B) Hamburger Steak w/ Dinner Roll 20g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Mashed Potatoes 21g<br/>           Glazed Carrots 16g<br/>           Chilled Mandarin Oranges 17g</p> | <p><b>Today's Lunch Choices</b><br/>           (A) Stuffed Crust Pizza 35g<br/><br/>           (B) Chicken Caesar Salad 32g w/Dinner Roll</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>           Crispy Oven Fries 22g<br/>           Broccoli Trees 8g<br/>           Chilled Pineapple 22g</p> |


Menus reflect grams (g) for carbohydrates only.


**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**What Makes a Lunch?**

You must choose at least 3 of 5 components available for the school lunch price. Meat or meat alternate, choice of grain, choice of fruit, choice of vegetable, and choice of milk. A minimum of ½ cup serving of fruit or a minimum of a ½-cup serving of vegetable **MUST** accompany a reimbursable meal.



| Monday, 2/13  | Tuesday, 2/14  | Wednesday, 2/15   | Thursday, 2/16  | Friday, 2/17           |
|---|--|---|---|------------------------|
| <p><b>Today's Lunch Choice</b><br/>(A) Nacho Nuevos 48g<br/><br/>(B) Corn Dog 33g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Steamed Golden Corn 22g<br/>Refried Beans 24g<br/>Cinnamon Applesauce 14g</p> | <p><b>Today's Lunch Choices</b><br/>(A) Pancakes w/ Sausage 32g<br/><br/>(B) Turkey &amp; Cheese on a Roll 30g</p>  <p><b>Vegetable &amp; Fruit Choices</b><br/>Crunchy Tater Tots 19g<br/>Celery Dippers 4g<br/>Strawberry Cup 21g</p> | <p><b>Today's Lunch Choices</b><br/>(A) Cheeseburger on Roll 32g<br/><br/>(B) Snack Pack Muffin Lunch 27g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Baked Beans 29g<br/>Fresh Baby Carrots 8g<br/>Chilled Pineapple 22g</p> | <p><b>Today's Lunch Choices</b><br/>(A) French Bread Pizza 24g<br/><br/>(B) Grilled Chicken on Roll 30g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Potato Smiles 20g<br/>Broccoli Trees 8g<br/>Chilled Pears 22g</p> | FID DAY-NO LUNCH TODAY |

| Monday, 2/20  | Tuesday, 2/21   | Wednesday, 2/22   | Thursday, 2/23  | Friday, 2/24  |
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| <p>NO SCHOOL TODAY!</p>  | <p><b>Today's Lunch Choices</b><br/>(A) Hot Dog on Roll 29g<br/><br/>(B) Snack Pack Muffin 27g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Crunchy Celery Dippers 4g<br/>Steamed Garden Peas 11g<br/>Wild Cherry Icee 19g</p> | <p><b>Today's Lunch Choices</b><br/>(A) Spaghetti w/ Meat Sauce &amp; Breadstick 70g<br/><br/>(B) Fish Fillet on Roll 41g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Romaine Salad 2g<br/>Plump Grape Tomatoes 6g<br/>Chilled Applesauce 14g</p> | <p><b>Today's Lunch Choices</b><br/>(A) Chicken Nuggets w/Dinner Roll 30g<br/><br/>(B) Hamburger Steak w/Roll 20g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Mashed Potatoes 21g<br/>Steamed Cheesy Broccoli 8g<br/>Chilled Mandarin Oranges 17g</p> | <p><b>Today's Lunch Choices</b><br/>(A) Mickey's Pizza 29g<br/><br/>(B) Fish Sticks on Roll 39g</p> <p><b>Vegetable &amp; Fruit Choices</b><br/>Crispy Oven Fries 22g<br/>Crunchy Cucumber Wheels 2g<br/>Frozen Peach Cup 21g</p> |



# February